



Medtronic

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Bowel Evaluation

Constantly worried about finding a bathroom?

Take a **Step Forward**

Toward **Lasting Bowel Control**

*The short evaluation for
Medtronic Bowel Control Therapy
will help you decide if this
treatment is right for you.*

Innovating for life.

Haven't found the right treatment? **Don't Give Up**

Living with a bowel control problem is not easy. When you can't find an effective long-term treatment, it's hard to stop worrying about when your next embarrassing accident could happen.

There is no single bowel control treatment that works for everyone, and sometimes it takes time to find the one that works for you. Like many people with bowel incontinence, you may have already tried medications and found that they were not effective or had unpleasant side effects.

What's your next step to lasting bowel control? Ask your doctor about testing an effective, long-term treatment—Medtronic Bowel Control Therapy.

Medtronic Bowel Control Therapy May Be Right for You

Medtronic Bowel Control Therapy (Sacral Neuromodulation), delivered by the InterStim® System, is FDA approved and proven to work long-term in people who have not had success with other treatments, such as bulking agents, dietary changes, exercises, medication, and surgery.

Medtronic Bowel Control Therapy can give you:

- proven control to stop or greatly reduce accidents.
- significantly improved quality of life.
- a minimally invasive treatment when other therapies fail.

The other therapies you tried may not have addressed the miscommunication between the bowel and the brain that could be causing your symptoms. Medtronic Bowel Control Therapy uses a device that provides gentle electrical stimulation to help correct this communication problem.

Please note, not everyone will experience the same results. Medtronic Bowel Control Therapy has risks similar to any surgical procedure. You should discuss the potential risks and benefits of this therapy with your doctor.



What you need to know

About the Evaluation

Medtronic Bowel Control Therapy is unique because you can try it to help you and your doctor decide if it's right for you.

- It's a short, minimally invasive procedure that can be done in your doctor's office or an outpatient center.
- A thin wire is inserted in your upper buttock and attached to a small external device that you can wear discreetly under your clothing.

- During the evaluation, you still have the freedom to do most of your regular daily activities.*
 - The treatment can be stopped, started, and adjusted using a controller. It's designed to be easy to use; your doctor or nurse can show you how.
- *Complications can occur with the evaluation, including movement of the wire, technical problems with the device, and some temporary pain. Your doctor or nurse will provide you with information regarding how to operate the test device, and inform you of other precautions related to the evaluation and activity restrictions.

What to expect

After Your Evaluation

After your evaluation, you and your doctor can review the results and decide if Medtronic Bowel Control Therapy is the right long-term treatment for you.

Your doctor can explain the FDA-approved, minimally invasive procedure for starting treatment with a bowel control device. Doctors have been performing the procedure for more than 15 years.

Implanting an InterStim® System has risks similar to any surgical procedure, including swelling, bruising, bleeding, and infection. Talk with your doctor about ways to minimize these risks.



"The therapy brought me relief. The moment the system was turned on, I began to regain control. I felt like a new person."[†]

—Kelly S.



"Immediately I felt a difference. I soon began to understand the difference of when I needed to go, and when I didn't. And, for the first time in many years, I slept for 7 hours without interruption. What a gift!"[†]

—Mitzi W.

[†]These experiences are specific to each particular person. Your results may vary.

We're here to help you

Make an Informed Decision

The more you know, the easier it can be to make a decision with your doctor about your bowel control. Medtronic has many tools and resources to help you move forward with the evaluation.

**Visit Medtronic's website for patients—
www.medtronic.com/bowel**

- Find detailed information, answers to common questions, and questions to ask your doctor about the evaluation.
- Watch videos to understand how Medtronic Bowel Control Therapy works and how it has changed the lives of people like you.

Talk to someone who is being treated

The Medtronic Ambassador Program is a great way to get first-hand information from patients who know what you are experiencing. Visit **www.interstimambassadors.com** or call **1-800-664-5111** to request that a volunteer ambassador contact you.

Contact your insurance company

Medicare and many private insurance companies provide coverage for Medtronic Bowel Control Therapy. Before the evaluation, make sure to ask your insurance company about your coverage.

***For more information,
call Medtronic at 1-800-328-0810
Monday-Friday, 8 AM to 5 PM CT.***



*Scan this code or visit
www.medtronic.com/bowel
to see what people are saying about
Medtronic Bowel Control Therapy.*



Ask Your Doctor About the Next Step Toward Lasting Bowel Control

Important Safety Information

Sacral Neuromodulation for Bowel Control (Medtronic Bowel Control Therapy Delivered by the InterStim® System)

InterStim Therapy for Bowel Control treats chronic fecal incontinence (an accident or leaking involving stool). It should be used after you have tried other treatments such as medications and dietary modifications and they have not worked, or if you are not a candidate for them.

You should have a successful trial assessment before receiving InterStim Therapy. You cannot have diathermy (deep heat treatment from electromagnetic energy) if you have an InterStim device.

Safety and effectiveness have not been established for pregnancy and delivery; patients under the age of 18; or for patients with progressive, systemic neurological diseases.

In addition to risks related to surgery, complications can include pain at the implant sites, new pain, infection, lead (thin wire) movement/migration, device problems, interactions with certain other devices or diagnostic equipment such as MRI, undesirable changes in urinary or bowel function, and uncomfortable stimulation (sometimes described as a jolting or shocking feeling).

This therapy is not for everyone. Please consult your physician to decide whether InterStim Therapy is right for you. A prescription is required. For further information, please call Medtronic at 1-800-328-0810 and/or consult Medtronic's website at www.medtronic.com.

USA Rx Only, Rev 0311

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