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2920 North Cascade Ave.  
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Thank you for choosing Peak Gastroenterology Associates for your healthcare needs. Please read the following and initial next to the instructions. These instructions are essential to ensuring you have a successful procedure and recovery. Failure to adhere to these instructions may result in cancellation of your procedure.

<b><u>Insulin Protocol for Procedures</u></b>	<b><u>Patient Initials</u></b>
<b>If you are having an EGD: Do Not Take</b> insulin or oral diabetic medications the day of the procedure.	
<b>If you are having a Colonoscopy:</b> Take half the dose of basal insulin the day before the procedure. Please check your blood sugar more frequently on the day of the procedure. Have clear apple juice or clear white grape juice on hand to help boost sugar levels as needed.	
<b><u>Anticoagulant Protocol for Procedures</u></b>	<b><u>Patient Initials</u></b>
Please stop all blood thinners prior to procedure. If you are using the lovenox bridge, please withhold all lovenox on the day of the procedure. Stop blood thinners as follows: <ul style="list-style-type: none"> <li>• Coumadin/Warfarin – 5 days before procedure</li> <li>• Plavix – 5 days before procedure</li> <li>• Eliquis – 2 days before procedure</li> <li>• Xarelto – 2 days before procedure</li> <li>• Brilinta – 5 days before procedure</li> <li>• Effient – 7 days before procedure</li> <li>• Ticlid – 10 – 14 days before procedure</li> <li>• Aggrenox – 5 days before procedure</li> <li>• Baby Aspirin – do not discontinue</li> </ul>	
<b>It is essential that you ensure your prescribing physician has cleared you to pause these medications.</b>	
<b><u>Narcotic Protocol for Procedures</u></b>	<b><u>Patient Initials</u></b>
<b>Chronic and short term pain/anxiety medications:</b> Please do not stop these medications. Please do not make any sudden changes in how you take these medications on the day of the procedure.	
<b><u>Medication Protocol for Procedures</u></b>	<b><u>Patient Initials</u></b>
If you are taking phentermine, please discontinue this medication 7 days prior to the procedure.	
Please note that all other medications, <b>including blood pressure medications and seizure medications</b> , are permitted the day of your procedure with a small sip of water.	
<b>PLEASE DO NOT DRINK ANYTHING 4 HOURS PRIOR TO PROCEDURE</b>	

If you have additional questions or concerns, please call us at 719.636.1201.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

